



## UNIVERSITY OF WOLLONGONG

### CONSENT FORM for Parents/Guardians

**Study title:** Grow Your Mind Program Evaluation

**Researchers:** Professor Stuart Johnstone (Principal Investigator), School of Psychology, University of Wollongong  
([sjohnsto@uow.edu.au](mailto:sjohnsto@uow.edu.au); +61 2 4221-4495)

Dr Amy Chan (Co-Investigator), School of Psychology, University of Wollongong  
([amychan@uow.edu.au](mailto:amychan@uow.edu.au))

Associate Professor Steven Howard (Co-Investigator), School of Psychology, University of Wollongong  
([stevenh@uow.edu.au](mailto:stevenh@uow.edu.au))

Melinda Hickey (Research Assistant), School of Psychology, University of Wollongong  
([mhickey@uow.edu.au](mailto:mhickey@uow.edu.au))

Taylah Smede (Research Assistant), School of Psychology, University of Wollongong  
([tes994@uowmail.edu.au](mailto:tes994@uowmail.edu.au))

My child and I have been given information about this study, and I have had the opportunity to discuss the project with the researchers conducting this research in the School of Psychology at the University of Wollongong.

My child and I understand that, if my child consents to participate in this project, they will be asked to complete:

- A pre-program 35-minute assessment session consisting of online questionnaires related to well-being, confidence in taking care of mental health and school connectedness. Questionnaires will be completed in one session during allocated class time at the end of Term 2.
- If my child's class is allocated to the 'treatment' condition: they will participate in a post-program 35-minute assessment session, after participating in the Grow Your Mind program in Term 3. The assessment session will consist of online questionnaires related to well-being, confidence in taking care of mental health and school connectedness, and will be completed in one session during allocated class time.
- If my child's class is allocated to the 'waitlist' condition: they will complete the 35-minute pre-program questionnaires at the end of Term 2, and post-program questionnaires at the end of Term 3, prior to starting the Grow Your Mind program in the following term.

We understand that participation in this research is entirely voluntary, and that we are free to refuse to participate or withdraw from the research at any time. Our refusal to participate or withdrawal of consent will

